

# MARION

RECREATION



## 2019 PROGRAM GUIDE





## Marion Recreation Summer Program Policies

### MISSION STATEMENT

The Marion Recreation Department seeks to provide a wide range of recreational and leisure opportunities in an effort to enhance the quality of life for all Marion residents by fostering positive physical, social, and emotional experiences. Marion Recreation will provide safe, attractive, and well-maintained facilities, preserve and protect physical and natural resources, and promote happy and healthy living for residents of all ages.

#### Director of Recreation

Jody Dickerson  
[jdickerson@marionma.gov](mailto:jdickerson@marionma.gov)

#### Assistant Director

Nathan Vaughan  
[nvaughan@marionma.gov](mailto:nvaughan@marionma.gov)

#### Marion Recreation

Benjamin D. Cushing Community Center  
465 Mill St. (Rt. 6) Marion, MA 02738  
Ph. 774.217.8355      [marionma.gov/recreation](http://marionma.gov/recreation)

#### Participant Registration:

Most programs have a minimum number of participants needed in order for the program to run. Please register early to avoid cancellation.

#### How to Register:

Marion Recreation sponsored programs are available for online registration at [marionma.gov/recreation](http://marionma.gov/recreation) or download a paper registration form online. Mail completed forms with payment to *Marion Recreation at 465 Mill St. Marion, MA 02738.*

For questions please call 774.217.8355 or email [recreation@marionma.gov](mailto:recreation@marionma.gov)

Program registration is not complete until final payment is received. Program space is available on a first come first served basis.

#### Oops:

The Recreation Department makes every effort to ensure the accuracy of the program information on our website and brochures. Changes in programming may occur and we will attempt to keep information updated to the best of our ability. All programs, instructors and locations are subject to change.

#### Financial Assistance:

Marion Recreation Department tries to keep its program fees at an affordable level. If you have an unusual family financial situation that limits participation due to the fee, please fill out the Financial Aid Application form available on our website. Scholarships are available for most (but not all) youth programs. Scholarships are not available to non-residents or for adult programs. Payment plans are available upon request. Please contact the Marion Recreation Department for more information.

#### Returned Check Policy:

A \$35.00 fee will be assessed for any checks returned by your bank as not payable.

#### Photo Policy:

We may take photographs and/or video of program participants for our marketing purposes only. If you do not want your child to be photographed, please note this on your registration form.

#### Refund Policy:

Refunds are issued only when a class is cancelled by the Recreation Department, or if the participant enrolled in the program has a note from a physician's office stating they are not able to participate in a program because of a medical condition. Exceptions to this policy may be approved by the Director of Recreation



# SILVERSHELL

## Marion Recreation Summer Program

June 24, 2019 - August 16, 2019

Monday - Friday unless otherwise noted.

Silvershell Beach. 1 Front St. Marion, MA



### FIELD TRIP

9AM - 4PM

8AM - 5PM

		9AM - 4PM	8AM - 5PM
<b>WEEK 1</b>	June 24 - June 28	Roger Williams Park Zoo	\$195      \$225
<b>WEEK 2</b>	July 1, 2, 3, 5	New England Aquarium	\$155      \$175
<b>WEEK 3</b>	July 8 - July 12	Sky Zone Trampoline Park	\$195      \$225
<b>WEEK 4</b>	July 15 - July 19	Heritage Museums & Gardens	\$195      \$225
<b>WEEK 5</b>	July 22 - July 26	Boston Children's Museum	\$195      \$225
<b>WEEK 6</b>	July 29 - August 2	Cape Cod Inflatable Park	\$195      \$225
<b>WEEK 7</b>	August 5 - August 9	Carousel Skating Center	\$195      \$225
<b>WEEK 8</b>	August 12 - August 16	Plymouth Pirate Cruise	\$195      \$225

## Meet our Summer Program coordinators!



**Scott Tavares** has been involved in summer camps and programs for over ten years. In his years involved with summer programs, Scott has been a camper, counselor, Unit leader, and CIT Director, and is now the director of the Silvershell Beach Summer Program. Scott grew up in Dartmouth, Massachusetts and is a graduate of the University of New Hampshire where he received a degree in Athletic Training. Scott received his Master's degree from American International University and is currently a special education teacher at Old Rochester Regional High School. In addition to his teaching duties Scott is the freshman boys soccer coach and the varsity girls lacrosse coach. Scott lives in Fairhaven with his wife and three small children. Scott's ability to create connections with staff and campers will help strengthen the bond summer programs provide. He is a creative and enthusiastic individual who is passionate about helping campers and staff successfully reach their goals. He is excited to help provide the best experience for all members of the Summer program.



**Hannah Guard**, a lifelong resident of Marion, will be returning to her role as co-director of Silvershell Summer Program in 2019. She began working at Silvershell Summer Program as a camp counselor during the summer of 2015, and she has enjoyed watching campers grow for the past four years. As an honors student and two-sport athlete, Hannah graduated as valedictorian of the 2017 graduating class from Old Rochester Regional High School. Currently, she is continuing her studies as a member of the Commonwealth Honors College at the University of Massachusetts at Amherst. As a sophomore, she double majors in Biochemistry and Molecular Biology and Public Health Sciences with a focus area in Epidemiology and a minor in Psychology. Hannah was recently inducted into the Phi Kappa Phi Honor Society, and is currently involved in breast cancer research on campus. In addition to her research, she currently is a teaching assistant for the Stockbridge School of Agriculture as well as a member of the executive board of the "Student's to End Alzheimer's Disease club." Hannah also spends time volunteering at a local nursing home.

For participants entering grade 1, up to grade 6! Summer program includes daily outdoor activities, scheduled arts & crafts, team building, games, individual/team sports, swimming lessons and one field trip per week are included. All participants will receive a complimentary Summer Program T-shirt. Participants should pack a lunch and a snack. Food is also available for purchase at the Silvershell Food Shack.

10% off each additional child.

Counselors are expertly trained and all are CPR/First-Aid certified.

Register online at [marionma.gov/recreation](http://marionma.gov/recreation).  
Space is limited: first come, first served.

# ANNUAL MARION TOWN PARTY

**Saturday August 24, 2019**

**4:00PM - ???**

*Marion Town House. 2 Spring St. Marion, MA*

Free food, music, dancing and activities for the children. Enjoy delectable seafood, burgers, dogs, and savory desserts for purchase. Cash bar also available.

End the evening with a gigantic bon fire!



On July 5th, watch the dazzling display over Sippican Harbor!

Mail donations to:

*Marion Fireworks Committee  
c/o Town of Marion  
2 Spring Street  
Marion MA, 02738.*



**Saturday May 11, 2019**

**10:00AM - 1:00 PM**

*Washburn Park. Washburn Park Rd, Marion MA*

Free

*Rain date: May 12, 2019*

## Touch-A-Truck

Fire trucks, dump trucks, bulldozers, mowers, police cars and more! Bring the kids down to climb around and take pictures!

Can you dig it?

Great family event for all ages!

**Sensory Hour from 10:00AM - 11:00AM**

**Limited sirens, horns, and lights during this hour!**







# Yoga

**July 7, 2019 - August 18, 2019**  
**Sundays 8:30AM - 9:30 AM**

Island Wharf, 1 Island Wharf Rd. Marion MA

Cost: \$10.00 suggested donation per class  
Proceeds benefit Damien's Place Food Pantry & Friends of Marion

## Yoga at the Bandshell

Come one come all to an all levels class in the heart of seaside Marion. This class is open and encouraged for all levels. This is an intuitive group class that integrates mind, body, spirit, and breath. This class will focus on stress reduction, breathwork, stretching, strengthening, and balance with the beautiful backdrop of Sippican Harbor. Proceeds benefit Damien's Place Food Pantry and Friends of Marion Recreation



*Elke Pierre is an instructor and the owner of the Marion Yoga Loft which she opened in 2007. She is certified in Hatha, Vinyasa, and LifeForce Yoga and is certified by The Aura Wellness Center.*

*Elke is committed to helping others help themselves through yoga; striving for greater happiness, peace and truth. Elke is fully certified as a Reiki Master and she loves yoga.*



*Erin Zell owns and instructs at Soulstice studio in Marion. She has completed the 200 hour teacher training at Kripalu School of Yoga in Stockbridge, MA. Erin enjoys teaching using a variety of methods that combine vinyasa style (flowing transitions) with the hatha style of yoga including holding of poses.*

## Paddleboard Yoga

**July 12, 2019 - August 30, 2019**  
(No class August 9, 2019)  
**Fridays 8:00AM - 9:30 AM**

Beach at Oakdale Ave. Marion MA  
Cost: \$20.00 per class

Bring your own board, leash and life jacket and be prepared to get wet! You will be surprised at how well you can balance and do yoga poses on the SUP boards but there is always a chance of falling in.

Learn how to effectively paddle, stop and turn. Then leisurely paddle to practice your skills and enjoy the beauty of Buzzards Bay. Paddle to the buoy and tether our leashes to it. Erin will instruct a yoga class including breathing practices, meditation, connecting to nature and yoga poses along with floating savasana. There will be time to play and practice your favorite poses or take your time to paddle back to shore.



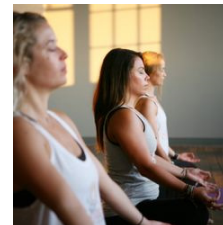
*Erin Poyant completed her 200 hour, Yoga Medicine Teacher Training under the instruction of Tiffany Cruikshank, founder of Yoga Medicine. During this time, she received an anatomically based training and understanding of the body from eastern and western perspective. Following a path of holistic health, Erin became a Reiki practitioner in 2013, studying under the direction of Master Shannon Foley founder of Healing Within. Erin became a Reiki Master Teacher in 2018. Erin is currently working towards her 500 hour training with Yoga Medicine.*

**June 25, 2019 - August 22, 2019**

**Tuesdays and Thursdays 8:00 AM**  
Silvershell Beach, 1 Front St. Marion MA  
Cost: \$10.00 per class

## Yoga at Silvershell

Get your yoga on outdoors this summer and bask in the summer sun. Instructor Sarah Moniz will lead you through an hour long flow that's suitable for all ages. Bring a towel and/or a yoga mat, sunscreen, water, and light shirt or scarf.



*Sarah Moniz is a 200 Hour Registered Yoga Teacher, Certified Buti Yoga Instructor, Reiki I Practitioner, and Meditation Leader with a passion for health and wellness. Sarah is a graduate of the Energy Medicine/Sound Healing certification program at Fairhaven Healing Arts.*



# ORYS RECREATION SOCCER

# GAMES

- September 7, 2019
- September 14, 2019
- September 21, 2019
- September 28, 2019
- October 5, 2019
- October 19, 2019
- October 26, 2019
- November 2, 2019

## OPENING DAY

on September 7

The Fall Recreation Soccer Program for players age 4-14.

Each player will receive a uniform shirt, shorts, and socks. Players are required to wear soccer cleats and shin guards. Practices are one day a week on Mondays, during the season.

Coaches and volunteers are always needed.

Join our coaches in developing skilled, confident, and creative players through drills, different soccer concepts, passing techniques, and scrimmages all while promoting positivity and teamwork.



Recreation Program includes:

*8 Weeks of Instruction, games, uniform shirt, shorts, & socks included*

Registration fee:

-Prior to July 1: \$95.00

-Prior to August 1: \$105.00

-After August 1: \$125.00

**Volunteer to coach, get 50% off your registration!**

*Multiple player discount (family) is available.*

## Old Rochester Summer Soccer Clinic at Silvershell Beach

*August 19, 2019 - August 22, 2019 9:30AM - 12:00PM*

Cost \$95.00

*Includes instruction and participation T-shirt  
Clinic runs Monday to Thursday at Silvershell Beach  
Register online at [marionma.gov/recreation](http://marionma.gov/recreation)*

Designed for participants ages 8-15, these clinics will work on skill developing and ball mastery. Join our coaches in developing skilled, confident, and creative players through drills, different soccer concepts, passing techniques, game situation and scrimmages and promoting positivity and teamwork.

*Led by: Eric Parada, Valeo Southcoast Director,  
Director of Old Rochester Youth Soccer*





# Marion Village 5K



**Saturday June 22, 2019**

**9:00AM**

Tabor Academy, Front St. Marion MA  
Cost: \$20.00

The 22nd Annual MV5K is hosted by the Town of Marion and the Friends of Marion Recreation. Run on a flat 5K course that starts and ends at Tabor Academy. All proceeds will benefit Marion athletic facilities and youth recreation programs. Keep your eyes on the prize with awards given out to the top three overall finishers for both men and women, (\$100, \$75, \$50 respectively) along with merchandise prizes raffled off. Food and beverages will be provided for all runners registered after the race. Race results will also be posted on [www.jbrace.com](http://www.jbrace.com) as well as [www.coolrunning.com](http://www.coolrunning.com).

Number and t-shirt pick up will be held on *Friday, June 21 from 5:30PM to 7:00PM* at **Marion Community Center**, or *Saturday, June 22 from 7:30AM 8:30AM* at **Tabor Academy** before the race. Runners may pre-register on Friday evening or Saturday morning during designated times.

T-shirts will be given to the first 300 participants registered. If registered by June 18, runners are guaranteed a t-shirt.

For any questions or concerns, contact Race Director Chris Adams at 508.241.6182 or [cadamstaxc@comcast.net](mailto:cadamstaxc@comcast.net). Register at [marionma.gov/recreation](http://marionma.gov/recreation)

## Marion Mile Just for kids!

**June 25, July 2, 9, 16, 23, 30, August 6**  
**Tuesdays 6:00PM (arrive 5:30 - 5:45)**

Tabor Fields, Spring St. Marion MA  
Cost: \$20.00 (family cap of \$50.00)

- 🏃 Fun run on grass: 1 mile for kids 7 and older, 1/2 mile for kids 6 and younger
- 🏃 Age groups are 6 & under, 7-8, 9-10, 11-12, and 13-14
- 🏃 Ribbons and T-shirts to all finishers
- 🏃 Water and Gatorade provided
- 🏃 Times and results posted on Facebook each week
- 🏃 Sponsored by the Friends of Marion Recreation and Wareham Pediatrics

# Swimming Lessons at Silvershell Beach

*Silvershell Beach. 1 Front St. Marion MA*

Cost: \$40.00 for Marion Residents. \$60.00 for non-residents

**Polliwog/Beginner:** Participants in this class will learn water adjustment, floating, safety skills and introduction to the four major strokes.

**Guppy/Advanced Beginner:** This class is for swimmers who are adjusted to the water and can swim a short distance on their own. Swimmers will learn rotary breathing, backstroke, underwater swimming, and deep water confidence.

**Minnow/Intermediate:** To enter this level, children must be able to front crawl with rhythmic breathing and swim on their back alternating paddle for 50 feet without a lifevest.

**Fish/Advanced:** To enroll in this level, children should be able to front crawl with rotary breathing for 50 yards and know rudimentary, breaststroke, side stroke and elementary backstroke.

All sessions are two weeks long,  
*Monday through Thursday*

**Session 1:** July 8 - July 18, 2019  
**Session 2:** July 29 - August 8, 2019

Fish	9:30AM - 10:15AM
Minnow	10:15AM - 11:00AM
Guppy	11:30AM - 12:15PM
Polliwog Ages 5+	12:15PM - 12:45PM
Polliwog Ages 3-4	12:45PM - 1:15PM

Children must be evaluated by the Water Safety Instructor to be placed in a class. Evaluations take a few minutes to complete. See lifeguard on duty.

Evaluations available :

**Session 1:** June 24 - June 28, 10AM - 5PM

**Session 2:** July 22 - July 26, 10AM - 5PM

*Instructor will let parent/guardian know which class the child will be registered in.*

**Rainy Day Policy for Lessons:** Thunder and/or lightening will cause lessons to be cancelled. Rain will not cause lessons to be cancelled.

For more information call 774.217.8355 or email [recreation@marionma.gov](mailto:recreation@marionma.gov)  
Register online at [marionma.gov/recreation](http://marionma.gov/recreation)

# SAILING LESSONS *on* SIPPICAN HARBOR

July 8, 2019 - August 15, 2019

Sippican Harbor, 1 Island Wharf  
Cost: \$250.00 per session

Learn to sail on one of our sailboats, 12' Bullseye named ZEB or 12' Bullseye named Trillium, out of Sippican Harbor. Based on the Herrshoff H-12 1/2 the bullseye has been modified to handle stronger winds and seas. The Bullseye will accommodate 4 to 5 adults comfortably, but can easily be skippered single handedly. She is an excellent learning boat for first timers and intermediate sailors. The program will teach basic sailing skills including boat handling, how to identify parts of the boat, boating terms, and basic knots.

- Classes will be tailored to fit the needs of those enrolled.
- Younger students may enjoy the lighter air and calm seas of the morning sessions.
- Students are encouraged to bring water, a hat, and sun block.
- Personal flotation devices will be provided.
- Program is for all ages.

All sessions run Monday through Thursday. Rain dates are normally set on Friday, but may be scheduled for a later date.

Participants must choose which time slot they would like to attend.

Pick your departure time for the week:

8:00AM, 10:00AM, 1:00PM, 3:00PM, or 5:00PM.

- SESSION 1 ● JULY 8 - JULY 11, 2019
- SESSION 2 ● JULY 15 - JULY 18, 2019
- SESSION 3 ● JULY 22 - JULY 25, 2019
- SESSION 4 ● JULY 29 - AUGUST 1, 2019
- SESSION 5 ● AUGUST 5 - AUGUST 8, 2019
- SESSION 6 ● AUGUST 12 - AUGUST 15, 2019

Each sessions can accommodate 1 to 3 sailors.  
Register online at [marionma.gov/recreation](http://marionma.gov/recreation)

## NEW!

# COMMUNITY SAILING

JULY 13<sup>TH</sup> - AUGUST 31<sup>ST</sup>

SATURDAYS ONLY  
10:00AM - 2:00PM

- Timed sailboat racing in outer Sippican Harbor
- One design sailing in Bullseye Class sailboats
- Pre-registration required
- Skipper check in at Island Wharf

For more information and to register online,  
visit [marionma.gov/sailing](http://marionma.gov/sailing)

IN PARTNERSHIP WITH:



MARION  
HARBORMASTER



# Toddler Tumbling

# Mommy & Me

Benjamin D. Cushing Community Center. 465 Mill St. Marion, MA  
\$85.00 per participant.

**July 15 - August 19, 2019**  
**Mondays 9:00AM - 10:00AM**

Come tumble into the summer with a little bit of dance. In this class participants will practice early stage dance movements as well as basic tumbling techniques that they will be able to use when they continue on with gymnastics. During this hour long session we will teach various terminology as well. This class is for ages 2.5-4 years old.

**July 17 - August 21, 2019**  
**Wednesdays 9:00AM - 10:00AM**

*Mommy & Me (or Daddy & Me)* is a special bonding time for the parent and the child. The children will discover the excitement of dance through music and movement activities that the parent and child can do together. This class is for ages 18 months to 3 years old.

## REVOLUTIONARY WAR ENCAMPMENT

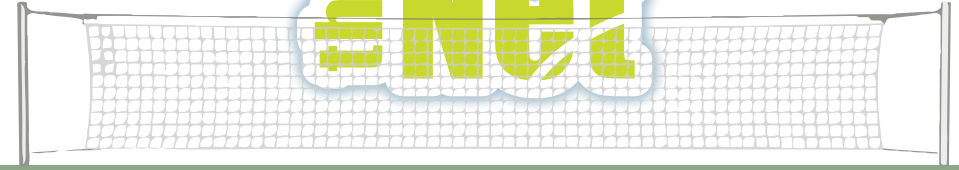
**Saturday August 10, 2019 10:00AM -**

**Sunday August 11, 2019 3:00PM**

*Silvershell Beach. 1 Front St. Marion MA*  
Free

Marion Recreation and guests present a two-day historical encampment on the lawn at Silvershell Beach, located at 1 Front St. Marion, MA. The events take place overlooking beautiful Buzzard's Bay. Talk to period costumed men and women about the history and life in the 1770's. See military drilling, flintlock musket, and cannon firing demonstrations. Try tomahawk throwing or children's games. Also activities such as spinning, fire safety, demonstrations of 18th century dentistry, smithing, and more.

# Over the Net



**July 8, 2019 - August 12, 2019**

**9:00AM - 10:30AM**

*Sippican School Tennis Courts. 16 Spring St. Marion, MA*  
*Courts located behind the school*  
Cost: \$85.00

- **Session 1:** July 8 - July 11
- **Session 2:** July 15 - July 18
- **Session 3:** July 22 - July 25
- **Session 4:** July 29 - August 1
- **Session 5:** August 5 - August 8

This is a beginner class. Introduce tennis to your 5-12 year olds with our fun and exciting approach!

*(Each child will be assigned to the appropriate age group with an instructor.)*

In our classes, your up and coming tennis player will develop hand-eye coordination along with movement skills. Students grow comfortable with the age-appropriate equipment and learn the parts of the tennis court. Basic tennis fundamentals and shots are taught through lots of tennis-like games and game play is incorporated into lessons when your child is ready.





# MARION RECREATION ART PROGRAM

*Monday through Thursday*

**9:00AM - 11:00AM**

*Benjamin D. Cushing Community Center; 465 Mill St. Marion, MA*

Cost: \$125.00

*SESSION 1: July 15 - July 18, 2019*

*SESSION 2: August 19 - August 22, 2019*

For ages 6 to 12. Unleash your child's imagination this summer! The Marion Recreation Art Program provides children a wonderful introduction to several forms of visual art. Each day brings a new project that may include drawing, painting, printmaking, or sculpture. Activities such as flower watercolor prints, sun catchers, group art projects and more!! Come join the fun!

Led by instructor Mary Smith-Tondreau

Check out photos from our previous classes on our Facebook page.

**Reserve your spot today. Space is limited.**

For more information or to register, visit [marionma.gov/recreation](http://marionma.gov/recreation) or email [recreation@marionma.gov](mailto:recreation@marionma.gov)



## 9th Annual Guard Oil Turkey Trot 5K

*Sunday November 24, 2019*

**10:15AM**

*Tabor Academy, Front St. Marion MA*

Cost: \$20.00 (If pre-registered before October 31, 2019)

This popular yearly 5K will take you on a fairly flat course along picturesque Sippican Harbor through the beautiful downtown streets of Marion. This is a timed event and results are available for all participants. Registered Runners will receive a complimentary Turkey Trot T-shirt and top finishers in each age group will receive medals.

All proceeds from the Turkey Trot go directly to Marion Recreation programs and initiatives. These funds are valuable to the success of our programs by investing and updating equipment, expanding program offerings for all ages, and maintaining parks, fields, beaches and playgrounds in town. Marion Recreation also uses funds to offer financial assistance to participants who qualify to make sure everyone has the opportunity to participate.



# MARION

R E C R E A T I O N

Benjamin D. Cushing Community Center  
465 Mill St. (Route 6)  
Marion, MA 02738

